Management of Nausea and Vomiting In Early Pregnancy

**Notes**

1. Vomiting usually begins at 6-8 weeks gestation and settles by 16-20 weeks. Vomiting that starts after 12 weeks is unlikely to be caused by the pregnancy alone and other causes must be sought.

2. Transient hyperthyroidism may be present in 60% of women with Hyperemesis and is usually self-limiting but may need treatment.

3. Hyperemesis tends to recur in subsequent pregnancies and women who are affected can benefit from the early use of anti-emetics, and the issue of stand-by medication at the start of their pregnancies.